



FRUITS AND GREENS

Daily Drink with the Antioxidant Power
of 20+ Servings of Fruits & Greens*

Sweetened with Monk Fruit

Fruits and Greens Supplementation

The ingredients in Fruits and Greens serve to support overall health and longevity in a variety of ways. The main benefits include:

- Supports healthy GI tract function and digestion*
- Supports hormonal balance, healthy lipid profile and energy levels, as well as immune system function*
- Antioxidant capacity of over 20 servings of whole fruits and vegetables in just one serving*
- Contains proprietary blends of superfoods, probiotics, fiber, and key digestive enzymes
- Supports energy production and vitality*
- Naturally alkalizes the body*
- Supports healthy nutrient digestion and gastrointestinal function*
- Sweetened with Monk Fruit

How Fruits and Greens Works

Plant-Based Micronutrients

Micronutrients, as opposed to macronutrients, are nutrients that living beings require in relatively small quantities for proper health and function. These include substances such as vitamins, minerals, and polyphenols (all of which may serve antioxidant roles in the body).

Our fruit and vegetable concentrates provide essential vitamins, minerals, and polyphenols to support the immune system against everyday free radical bombardment.*

Fruits and Greens derives its vitamins, minerals, polyphenols, and other antioxidants exclusively from nutrient-packed whole food concentrates to encourage efficient absorption and utilization by the body.* We also made sure to omit key allergens, preservatives, and stimulants, which can all wreak havoc on susceptible individuals.*

Fiber, Prebiotics, and Digestive Enzymes

Our proprietary Fiber Blend acts as prebiotics by stimulating growth of healthy gastrointestinal (GI) bacteria. They're also low-calorie and have been shown to support healthy lipid levels, blood sugar, and digestion.

Fruits and Greens contains beneficial fibers that act as prebiotics to nourish your GI tract and provide sustained energy throughout the day. We also made sure to include essential enzymes for supporting absorption and digestion of nutrients from foods.*



Probiotic Blend

The human GI tract contains nearly three pounds of bacteria—comprised of 1000 or more different species—and a medley of enzymes that help us digest and absorb nutrients from food. A healthy GI tract is crucial for proper endocrine function, immune system support, and even body weight regulation. Moreover, healthy GI tract microbes act as a barrier of sorts against undesirable microbes and promote absorption of vital nutrients from food.

Fruits and Greens' potent 4-strain blend of probiotics is formulated to promote the growth of healthy bacteria in the GI tract.*

Fruits and Greens is a premium nutrient-rich dietary supplement that provides powerful antioxidant capacity, satiety, lasting energy, and support for a healthy digestive system.* Better yet, it mixes easily in liquid or food and is sure to satisfy your appetite!

Make no mistake, formulating a true “superfood” product requires a deep understanding of the biological processes that drive our health, longevity, and well-being. Fortunately, we've done the work, so you don't have to.

Supplement Facts

Serving Size: About 1 Scoop (11 g)

Servings Per Container: About 27

Ingredients:	Amount	%DV*
Calories	45	
Total Fat	1 g	2%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	7 g	2%*
Dietary Fiber	3 g	12%*
Sugars	1 g	**
Protein	2 g	
Vitamin A	65 mcg RAE	7%
Vitamin C	13.6 mg	15%
Calcium	21.9 mg	2%
Iron	2 mg	11%
SuperVegetox Antioxidant Blend	2.08 g	**

Organic Spirulina Powder, Organic Carrot Root Powder, Organic Broccoli Head Powder, Organic Cauliflower Bulb Powder, Organic Spinach Leaf Powder, Organic Parsley Leaf Powder, Chlorella Cracked Cell Wall Powder, Green Tea Leaf Extract, Japanese Knotweed Root Extract, Turmeric Root Extract, Organic Beet Root Powder, Kelp Powder, Kale Leaf Powder, Alfalfa Herb Powder, Alfalfa ConcenTrace® (Trace Mineral Complex).

Ingredients:	Amount	%DV*
Fruit Antioxidant Blend	507 mg	**
Pomegranate Fruit Extract, Grape Fruit Extract, Quercetin Dihydrate, Acerola Cherry Powder, Grape Seed Extract, Blueberry Leaf Extract, Concord Grape Fruit Powder, Bromelain, Lycium (Goji) Berry Powder, Mangosteen Fruit Powder, Noni Fruit Powder, Acai Berry Powder.		
Digestive Support Blend	326.5 mg	**
Organic Cinnamon Bark Powder, Organic Aloe Vera Leaf Powder, Apple Fruit Powder, Amylase, Lipase, Cellulase, Lactase, Papain, Protease, Licorice Root Powder.		
Probiotic Blend	114 mg	**
<i>Lactobacillus acidophilus</i> , <i>Bifidobacterium longum</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus casei</i> .		

Other Ingredients: Soy Lecithin (Non-GMO), Cocoa Bean Powder Processed With Alkali, Luo Han Guo Fruit (Monk Fruit) Extract, Natural Flavors, and Xanthan Gum Powder.

Alfalfa ConcenTrace® is a registered trademark material for Trace Minerals Research, L.C.

Directions: Mix 1 scoop in 8 fluid ounces of chilled water daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.revelationpharma.com